



Physical Education at Stanley Grove Primary Academy

At Stanley Grove Primary Academy we provide a curriculum that has been designed for our community. Our carefully selected drivers shape the curriculum, bring about the aims and values of the school, and respond to the particular needs of our pupils: **Communication:** we listen, express ourselves, collaborate and perform with confidence; **Exploration:** we are curious to dig deeper, make links and have new experiences; **Creativity:** we are reflective and use our imaginations to problem solve and create something new of value. Blending knowledge and skills, our curriculum is rich in language and vocabulary, and learning is supported through enriching experiences.

As a **Gold UNICEF Rights Respecting** and **Nurture UK** school, we promote children's rights, nurture principles and the British values of democracy, rule of law, individual liberty, mutual respect and tolerance of others.

Why we teach Physical Education

Physical Education is part of the school curriculum used to provide opportunities for all pupils to become more physically able and to support their health and fitness. PE provides opportunities for children to take part in competitive and non-competitive games which develops teamwork, leadership skills as well as speaking and listening.

The aim of PE is to educate our children on how to lead a healthy and active life, engage in physical activity for a sustained period of time and to develop competence in a broad range of physical activities. As with all our other Foundation Subjects, PE has a threshold concept, that is revisited throughout all key stages and units.

How we teach Physical Education

The curriculum content (breadth) is drawn from 'Primary PE Planning' ensuring a clear progression of skills within and across year groups. Staff have access to progressive core knowledge and core vocabulary which supports in the planning of consistent, challenging and well adapted lessons.

Children are given clear learning goals and expectations with a focus on development of skills before applying these skills in small-sided games and competitions.

Children are encouraged to work collaboratively with their peers developing communication and teamwork in a range of activities.



What Physical Education looks like at Stanley Grove?

Children engage in two PE lessons each week, one lesson taught by our Dream Big Sports coach and the second lesson taught by the class teacher. We also use some of our Sports Premium Funding to pay for extra dance lessons and across the year each class teacher accesses six half a day CPD sessions, both delivered by Dream Big Sports.

Lessons follow the same structure:

1. Introduction of the new core knowledge being taught, and a recap of previous core knowledge taught in that unit.
2. Warm up – a short game which introduces the core knowledge.
3. Skill based learning – 1 or more structured activities to develop the core knowledge.
4. Game based learning – a game which embeds the core knowledge.
5. Conclusion – time for the children to reflect on what they have learnt.



Resources:

[National curriculum in England: PE programmes of study - GOV.UK \(www.gov.uk\)](#)

[Primary PE Planning – PE & Games Lesson Planning Resources](#)

[Dream Big Sports](#)

"I love the end of half term competitions against the other classes. My class have won twice!" Noel 5K

"I like gymnastics the best, I have been taught how to do cartwheels and forwards rolls safely." Samia 3M

"In PE we play lots of different games. My teacher always makes it fun!" Ahmed 1W

Communication

Exploration

Creativity