

Personal Development at Stanley Grove Primary Academy



At Stanley Grove Primary Academy we provide a curriculum that has been designed for our community. Our carefully selected drivers shape the curriculum, bring about the aims and values of the school, and respond to the particular needs of pupils: **Communication:** we listen, express ourselves, collaborate and perform with confidence; **Exploration:** we are curious to dig deeper, make links and have new experiences; **Creativity:** we are reflective and use our imaginations to problem solve and create something new of value. Blending knowledge and skills, our curriculum is rich in language and vocabulary, and learning is supported through enriching experiences.

As a **Gold UNICEF Rights Respecting** and **Nurture UK** school, we promote children's rights, nurture principles and the British values of democracy, rule of law, individual liberty, mutual respect and tolerance of others.

Why we teach Personal Development

At Stanley Grove Primary School we believe that Personal Development (PD) is crucial in supporting children in their development, and underpinning learning in the classroom, school, and in the wider community. PD is a subject through which pupils develop the knowledge, skills, and attributes they need to keep themselves healthy, safe and able to form and maintain positive relationships with others. Children at Stanley Grove Primary Academy

In EYFS through to Year 6 develop an understanding of the everchanging world in which we live, develop the skills necessary to take an active role in their community and manage their life effectively. We aim to encourage mutual respect, resilience, pride, independence, and foster self-esteem in a happy and caring atmosphere. As a school, we promote the use of Rights and Respecting Charters and Nurture Principles, which combined with our PSHE Question Based Model creates a half-termly focus and underpins our PD curriculum. As a school we also cover a range of Spiritual, Moral, Social and Cultural (SMSC) teaching to prepare our children for life in Modern Britain.

How we teach Personal Development

PD is a crucial element of our curriculum and underpins everything that we do. Our PD Curriculum provides opportunities to learn about:

Relationships: inclusion developing and maintaining positive relationships and dealing with negative relationships

Developing independence, resilience, and responsibility: including preparing children and young people to face life's challenges and make the most of life's opportunities.

Health: including healthy lifestyles, healthy eating, and exercise; mental and emotional health; drug, alcohol, and tobacco education.

Managing risk: including understanding personal safety and online safety; financial choices and risks; appreciating the value of taking risks in certain situations (e.g., entrepreneurial risks).

Economic wellbeing: including the role of money, influences on our use of money, risks, careers education.

Employability skills: including learning about enterprise, business, and finance. Developing the skills and attributes to succeed at work, including communication skills and confidence.

What Personal Development looks like at Stanley Grove?

The PD curriculum is split into the three key themes of Health and Wellbeing, Relationships and Living in the Wider World. These three themes have equal weighting and importance within teaching, and topics are taught on a rolling, spiral basis. Topics are revisited across year groups, and understanding is deepened. This allows for progression and retention of key skills and knowledge, and the introduction of concepts at an age-appropriate point. This progression is detailed in the PD curriculum map. Like other foundation subjects, the PD curriculum has threshold concepts, which repeat throughout units and key stages.

Our children are taught skills for life and how to regulate their emotions using the Zones of Regulation. Through the principles of Nurture and British Values children learn respect and to be inclusive. Each class has an elected Pupil Parliament Ambassador who feeds back pupil voice to the Department leaders.

At Stanley Grove, children are taught how to be independent learners and how to have good behaviours for learning. This is done through the 6 R's- Readiness, Responsibility, Resilience, Reasoning, Resourcefulness and Reflection.



"To visit the school and speak with Wellbeing Ambassadors on different matters has been very valuable to my role. To hear the ideas and help with community issues solidifies a relationship between the pupils, school and GMP."-PC Carew.



Afzal Khan MP was 'delighted to join "Keep Britain" Tidy at SGPA'.



Rights Respecting School (RRS) Gold Accreditation.



Pupil Parliament visiting Mustard Tree, a local food bank.

"The passion for wellbeing and meeting children's needs has filtered into every pocket within the school."- Nurture UK

"Stanley Grove prides itself as being at the heart of the community."- Nurture UK

"The community feels involved in the school, even children who don't attend this school come along."- Parent Voice

Resources

PSHE National Curriculum

www.pshe-association.org.uk/resources-landing

Zones of Regulation

www.zonesofregulation.com/

Nurture UK

www.nurtureuk.org/what-is-nurture/

Manchester Healthy Schools

www.manchesterhealthyschools.nhs.uk/

Rights and Respecting Schools

www.unicef.org.uk/rights-respecting-schools/the-rsa/what-is-a-rights-respecting-school

Padlet

<https://padlet.com/healthyschools/rse-resource-library-oiea8cwwtbacnq3>