



Roles and Responsibilities of a Wellbeing Ambassador

The role of a Wellbeing Ambassador:

- *Attend regular fortnightly meetings with the wellbeing team.*
- *Take ideas and suggestions your class have to discuss at wellbeing meetings*
- *Bring back ideas, information and suggestions to your class to listen, discuss, share their views and, where necessary, vote on actions that need to be taken*
- *Help to organise charity events throughout the year*
- *Encourage the pupils in your class to be aware of their school environment, rights and articles from the UN Charter, use of Nurture in and around the school*
- *Some of the more senior School Council members will be responsible for specific tasks:*
- *Chairperson – leads the meetings*
- *Vice chairperson – supports the chairperson*
- *Secretary – takes the minutes for the meeting*

In order to be a successful wellbeing ambassador, you will need to be:

- *Reliable*
- *Want to raise awareness on your rights and rights of other children*
- *Proud of our school and want our school to be the best it can be*
- *Listen carefully to the views of others and take their ideas on board*
- *Represent the majority view of your class, even if you don't agree!*
- *Commit time to this role and accept that you may need to do things during break times and/or lunchtimes*
- *Enthusiastic*
- *Kind and respectful*
- *Patient*



The Wellbeing meeting rules are as follows:

All Wellbeing ambassadors must:

- *be respectful and listen to others*
- *contribute or participate actively in meetings*
- *follow the school rules and be role models to other pupils*
- *model good behaviour at all times*
- *be polite and courteous to others*
- *attend fortnightly meetings*
- *use their position on the Wellbeing team to support and develop our school community*
- *feedback to peers after meetings*